LIKE CLOCK-WORK!

(By N. B. COOK, M. D.)

fall to see that their machinery needs mild laxative at least once a week. A pleasant way to clear the tongue and

ty 50 years ago. Druggists sell these will give you speedy relief .- Adv.

The machinery of the body needs to vegetable pellets in vials for 25c. Ask be olled, kept in good condition, just as for Dr. Pierce's Pleasant Pellets.
the automobile or bicycle. Why should if backache, scalding urine or frethe human neglect his own machinery quent urination bother or distress you,

more than that of his horse or his engine? Yet most people do neglect themselves. Their tengent has been selves. Their tengent has been selves. gine? Yet most people do neglect them suspect that you have kidney or blad-selves. Their tongue has a dark brown der trouble, write Dr. Pierce, at Incolor, skin sallow, breath bad, yet they valids' Hotel, Buffalo, N. Y., send a sample of urine, and describe sympattention. Everybody should take a toms. A physician and chemist will examine It without charge and you will be under no obligation whatever. Dr. the highly colored water noticed in the Pierce's Anuric tablets cannot fail to morning is to take a laxative which help you, because their action flushes will cure the inactive liver and bilious- the kidneys of impurities and puts strength into them.

A pleasant vegetable pill is made up Obtain a 50-cent box of Anuric tabof May-apple, leaves of aloe, and jalap, lets today from your druggist here in made into a tiny pellet and coated with town. From personal observation in sugar. First put up by Dr. Pierce near- large hospital practice, these tablets



Cures the sick and acts as a preventative for others. Liquid given on the tongue. Safe for brood mares and all others. Best kidney remedy. 50 cents a bottle, \$5 adozen. Sold by all druggists and turf goods houses, or sent, express paid, by the manufacturers. Booklet, "Distemper, Cause and Cure," free. SPOHN MEDICAL CO., Chemists, Goshen, Ind., U. S. A.

Adds to Wealth of Sicily. Valuable deposits of lignite have been discovered in Sicily. The mate- yesterday, and I knew she was flatterrial is brown, but partly carbonized.

Old Master, Anyway. Miss Manyears-Yes, that was painted of me when I was a little girl. Col. Bunt-Is it a Rubens of Rembrandt?-London Opinion.

Shutting Him Up. "What you eat you become," de-

clared the talkative man. "For you," said the other. "I would recommend a steady diet of clam chowder."

Natural Suggestion.

"The accounts say that the new Emperer Karl was deeply touched at the first interview with his ministers of

"Great Scott! Did they try to borrow from him that quick?"



Green's **August Flower**

Most men think they need a cocktail or a drink when their stomach is out of order and they "feel bad" with nervous indigestion, or constipation. What they really do need is two or three doses of "AUGUST FLOWER" which quickly restores the stomach, cleansing the whole system generally.

cacy, and harmiessness, of Antityphoid Vaccination.

Be vaccinated NOW by your physician, you and your family. It is more with than house insurance. Ask your physician, druggist, or sand for Have you had Typhoid? telling of Typhoid Vaccine, sensits from use, and danger from Typhoid Carriers.

Producing Vaccines and Serums under U. S. License The Gutter Laboratory, Berkeley, Cal., Chicago, Ill.



Flattery. "Mrs. Green flattered me greatly

ing, too." "That so? What did she say?" "She said I had a wonderful husband."

Anuric cures Backache, Lumbago, Rheumatism. Send 10c. Dr. V. M. Pierce, Buffalo, N. Y., for large trial package.—

Extra Large Size.

"There goes Miss Grabcoin, the heiress. It is said that a duke once drank champagne out of her slipper." "Possibly so," answered the caustic young woman. "Some of those foreign noblemen have an astonishing capacity for wine."

As Times Change.

"A man used to be afraid his wife would find out that he had been to see a big spectacular show with a ballet." "Yes. And now he's regarded as an inconsiderate person if he doesn't go to every one that comes along and take the entire family."

Important to Mothers Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Chat Hillichers. In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Murserfull Death.

It wasn't much of a cat, it is true; and it was a predatory and uncultivated animal; a nuisance, in a word. And so the factory superintendent directed the night watchman to "get rid of it." And he did.

The night watchman is a seriousminded person, with a regard for the dignity and responsibilities of his office as the custodian of a big building. His nightly reports, savoring more of the midnight oil than of scholalrhlp, are monuments of serious attention to detail. Here is his report on the extermination of the superfluous cat:

"Dear Sir: "I done away with the cat I put a roap around her neck & threw her dow the banster It was a murserfull death she Is laying In the frount part Of the Celler & One Of The Porters Must disepose Of her In some way. Respectfull

Like A Boy at 50 Bubbling Over With Vitality-Taking Iron Did It

Doctor says Nuxated Iron is greatest of all strength builders-Often increases the strength and endurance of delicate, nervous folks 200 per cent. in two weeks time.

man came to me who was nearly half test your strength again and see for a century old and asked me to give yourself how much you have gained. 1 him a preliminary examination for have seen dozens of nervous, run-down life insurance. I was astonished to people who were alling all the while, find him with the blood pressure of a double their strength and endurance boy of 20 and as full of vigor, vim and and entirely get rid of all symptoms of vitality as a young man; in fact a dyspepsia, liver and other troubles in young man he really was notwithstand- from ten to fourteen days' time simply ing his age. The secret he said was by taking iron in the proper form. And taking iron-nuvated iron had filled this after they had in some cases been him with renewed life. At 30 he was doctoring for months without obtaining in bad health; at 46 careworn and any benefit. But don't take the old nearly all in. Now at 50 a miracle of forms of reduced iron, iron acetate or vitality and his face beaming with the tincture of iron simply to save a few buoyancy of youth. As I have said a cents. You must take iron in a form hundred times over, iron is the great- that can be easily absorbed and asest of all strength builders. If people similated like nuxated iron if you want would only throw away patent medi- it to do you any good, otherwise it may cines and nauseous concoctions and prove worse than useless. Many an take simple nuxated iron. I am con- athlete or prize-fighter has won the day vinced that the lives of thousands of simply because he knew the secret of persons might be saved, who now die great strength and endurance and filled every year from pneumonia, grippe, consumption, kidney, liver and heart to the affray, while many another has trouble, etc. The real and true cause gone down to inglorious defeat simply which started their diseases was noth- for lack of iron.-E. Sauer, M. D.

NEW YORK, N. Y .- Not long ago a | day after meals for two weeks. Then his blood with iron before he went in-

which started their diseases was nothing more nor less than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you enty your food merely passes through you without doing you any good. You don't get the strength out of it and as a consequence you become weak, pale and sickly looking just like a plant trying to grow in a soil deficient in iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five-grain tablets of ordinary nuxated iron three times per in the condition in the contrary it is a most potent remedy in nearly all forms of indigation, as well as for nervous, rundown conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent. or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your mency if it does not at least double your strength and endurance in ten days' time. It is dispensed by most druggists. If your druggist or general store is without a supply, ask them to



Cuban Legation Is to Have a Handsome New Building

WASHINGTON.—Contracts have been let for a handsome new Cuban legation building, to be erected in Sixteenth street, in the section known as Meridian Hill. Plans for the legation have been drawn by Macnell & Macnell,

architects, and work upon the structure will begin at once. It is expected that the legation will be ready for occupancy by the Minister and Mme. Cespedes next autumn. The plans call for a handsome three-story structure of limestone in Louis XV style, with elaborate formal gardens at the rear The chancery and offices of the

legation will occupy the first floor of the new building. The second or drawing-room floor will contain the reception rooms, the dining room, and

a handsome ballroom across the rear of the house. A balcony will open from this room, with ornamental steps leading to the gardens. They are to be laid out on the formal English plan with a fountain as one of the most interesting features. The living quarters for the minister and his family will occupy the third floor.

The house will be built around a center hall, open from the ground floor to the rotunda on the third floor. A monumental stairway will lead to the drawing room, and at its head will be placed a colossal painting by a Cuban.

Pan-American Building Capitol of the Americas

66T HE capitol of the Americas"—such, it has been declared, is the relation of the Pan-American building in Washington to all the republics of the western hemisphere. And within this capitol building is a room, beautiful

enough to attract attention as a show room, and yet significant enough in the [] purpose it serves, to be designated as a "holy of holles."

This room is the so-called governing-board room, where meet the plenipotentiaries of 21 nations who constitute the governing board of the Pan-American Union, to discuss and act upon questions that concern the welfare of the Americas.

In this meeting place of nations every thought has been carried out by

architects, artists and decorators to stimulate the ideal of pan-Americanism. In a setting of brown and gold have been placed pieces of furniture which accent with every line of grace and beauty the general suggestion of Latin America.

A great oval table, 20 feet long, of highly polished Dominican mahogany occupies the central space of the floor. Around it are grouped 21 massive chairs, each covered with Spanish leather, and carved across the upper part of the back with the name and cont-of-arms of the country whose representative occupies it. When these chairs are not in use, a heavy cord, in which are entwined threads matching every color in the flags of the different nations of the union, encircles them, symbolizing the unanimity of purpose that is existent at all times among the republics.

The walls are covered with dull yellow brocade up to the line of a bronze frieze. The side lights and central chandeller are of bronze wrought with conventional designs after the pattern of the aboriginal art of the Aztecs and the Incas.

The frieze is the crowning glory of the room. Its bas relief figures, telling the story of the discoveries and conquests of the American continents, testify to the slow growth of a civilization which makes possible the exist ace of the room itself and the spirit of the meetings that are held within it

Enormous Mass of Campaign Literature Sent Out

E NOUGH white paper, in strips nine and a half inches wide, to circle the earth five times and still leave a surplus was used to print political speeches made by members of congress and sent out from the government printing office for use in the late cam-



paign from June 1 to October 1. The campaign was remarkable for the use of literature and for the publicity given to speeches, prophecies and statements by political leaders on both sides. Figures obtained at the government printing office show that, from June 1 to October 1, 48,000,000 copies of speeches of senators and representatives and political leaders were printed for distribution. Taking three feet of paper as an average for the

amount used in each speech, a grand total of 144,000,000 feet, or 125,337 miles, of paper were used in printing these speeches. Some of the speeches, however, ran 36 feet long, and three feet per speech is considered a very conservative estimate.

In printing this vast number of speeches, all of which appeared at one time or another in the Congressional Record, it is estimated that 3,000 pounds of lnk were used and 600 pounds of paste in putting the pages together. The labor involved in the printing of the speeches cost about \$5,000 and the paper used \$43,000.

Of course, the members of congress themselves, the campaign committees and individuals paid for the printing of these speeches. So the cost of the labor, the paper, the ink, the paste, etc., was not charged up to Uncle Sam. But there are certain features of the business of printing and circulating such speeches which must be charged to the government, among them the transmission of the speeches through the mails free under frank-no small item. Also, the work of printing reports for the government departments was delayed along with other government work while the speeches for campaign use were reeled out by the mile.

Goddess of Liberty on Capitol Is 53 Years Old

ON THE second of December the Goddess of Liberty, which surmounts the dome of the capitol, was fifty-three years old. The average woman of fiftythree, although a bit reconciled to her age, tries in many little ways to make her friends think she is just a few

years younger, but Miss Columbia cannot resort to a subterfuge of this sort, for both her age and weight are fully

She was erected in 1863, when Washington was under military rule during the Civil war; she was the work of Thomas Crawford, the sculptor, and was cast at Bladensburg, Md. She is made entirely of bronze, and the points of her crown are tipped with gold. The statue weighs 14,985 pounds

and is 19 feet 6 inches in height. The history of the goddess is an interesting one. The statue was cast in five sections, which were placed together under the direction of an Italian. The task was so skillfully executed that it was impossible to discern the cracks. When it was desired to take the statue apart ir order to get it up on the dome of the capitol a negro, recently emancipated, fered to find the seams. He adjusted block and tackle and, after much twisting and turning, his efforts were rewarded and the Goddess of Liberty showed her seams. So, after remaining a year in front of the capitol, she was placed on top of the dome and a national salute of 13 guns was fired simultaneously by 13 stations in honor of Miss Columbia She has been struck by lightning several times, but, as she was fully prepared for such an emergency, no damage was done.

THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue, serious results may be expected.

Your other organs may need attention but your kidneys should have attention first because their work is most important.

If you feel that your kidneys are the

Prevalency of Kidney Disease.

Most people do not realize the alarming increase and remarkable prevalency of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

A Trial Will Convince Anyone.

Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy, is soon realized and that it stands the highest for its remarkable results in the most distressing cases.

Symptoms of Kidney Trouble.

cause of your sickness or run down con-dition commence taking Dr. Kilmer's everything but if you suffer from annoy-swamp-Root, the great kidney, liver and ing bladder troubles, frequently passing bladder remedy, because if it proves to be the remedy you need and your kidneys begin to improve they will help all the ather organs to health.

water night and day, smarting or irritation in passing, brick-dust or sediment, beadache, backache, lame back, dissiness, poor digestion, sleeplessness, nerrousness, heart disturbance due to bad ousness, heart disturbance due to bad kidney trouble, skin eruptions from bad blood, neuralgia, rheumatism, lumbago, bloating, irritability, worn-out feeling, lack of ambition, may be loss of flesh or sallow complexion, kidney trouble in its worst form may be stealled. worst form may be stealing upon you.

Swamp-Root is Pleasant to Take.

If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and ene-dollar size bottles at all drug stores.

SPECIAL NOTE—You may obtain a sample size bottle of Swamp-Reot by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy needed in kidney, liver and bladder troubles. The value and success of Swamp-Root are sewell known that our readers are advised to send for a sample size bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.

Business of Matrimony. "About ten o'clock tomorrow morn-

ing I will be prepared to answer your proposal of marriage." "Why the delay?"

another sultor. If he doesn't come across when he hears your offer, I'll take you."

"Under the circumstances I must withdraw my offer." "Must you? Then under the circum-

stances I waive the other chance and take you."-Cleveland Plain Dealer.

TORTURING SKIN TROUBLES

That Itch, Burn and Disfigure Healed by Cuticura. Trial Free.

Bathe with plenty of Cuticura Soap and hot water to cleanse and purify. Dry lightly and apply Cuticura Ointment to soothe and heal. This stops itching instantly, clears away pimples, removes dandruff and scalp irritations, and heals red, rough, sore hands.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L. Boston. Sold everywhere .- Adv.

Of Course Not.

"This health expert says bad cooking causes more divorces than anything else."

"Oh, you can't believe all the experts say. Now, I have it on good authority that cabarets cause more divorces than anything else, yet hardly anybody goes to a cabaret to eat."

Social Rivairy.

another woman who wears better clothes than she can afford.

When a man is sure of a woman's sympathy he adds from 50 to 100 per cent to his choicest hard-luck stories.

Working Abandoned Holdings. Many holdings in Brazil which have been abandoned for nearly a century are now being worked and made productive. That of the Carmelite monks, "It gives me time to play fair with where there is now settled a colony of foreign agriculturists, and that of the Benedictine monks, worked by the monks themselves, are among these, The ancient industry of sugar planting has been revived to an extent never before known in some states. Many of the municipalities have revived and again placed under cultivation old and abandoned coffee fazendas.

Tampering With Nature.

"The scheme worked all right in Eu-"What's that?"

"That hour more of daylight." "Oh, yes," said the man with the thin overcoat, "but they ought to tackle something worth while. Why don't they tack an extra month on to

A kiss returned is a kiss uncarned

summer?"

You can cure that cold in a day. Take-CASCARA QUININE



Canadian Farmers Profit From Wheat



The war's devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and wheat near \$2 a bushel offers great profits to the farmer. Canada's invitation is therefore especially attractive. She wants settlers to make money and happy, prosperous homes for themselves by

You can get a Homestead of 100 acres FREE and other lands at remarkably low prices. During many years Canadian wheat fields have averaged 20 bushels to the acre many yields as high as 45 bushels to the acre. Wonderful crops also of Oats, Barley and Flaz.

Mixed farming as profitable an industry as grain raising. The excellent grasses full of nutrition are the only large than the best or daily purposes. Good schools.

W. V. BENNETT Room 4, Bee Eldg., Omaha. Neb

